

Suggested Packing List for a Winter campout

Any medication you may need

Boy Scout Handbook

Zero-degree Sleeping bag. (Use layers to get to a zero degree sleeping solution)

Sleeping bag liner

Small pillow

Closed cell Sleeping pad (Avoid simple air mattresses, they do not provide sufficient R value to keep you warm)

Dry sleeping socks

1 extra change of clothing, including

Wicking (Polypropylene) type long underwear

Synthetic Long pants

Wicking type long sleeve shirt

Fleece Sweat shirt

underwear

Wool socks with liners

Winter Boots

Waterproof gloves (2 pair)

Gaiters

coat, hat, gloves, glove liners

Towel

Rain gear poncho or coat/rain pants

Mess kit (unbreakable plate, bowl, cup, silverware)

Water bottle

Net bag or other bag to hang your clean, wet mess kit in

Unbreakable drink cup

Sunscreen

Toothbrush, toothpaste, floss

Soap

Personal first aid kit

Rope

Flashlight and/or headlamp. Extra batteries.

Compass

Whistle

Pocket knife (only if you have earned whittling chip)

Camera

Sunglasses

Playing cards

Plastic bags

Map of campsite

Toilet Paper (half a roll in a ziplock bag)

Chemical Handwarmers

Avoid:

Sneakers

Cotton clothing of all types