## Suggested Packing List for a Fall campout

\*\*Any medication you may need\*\*

Sleeping bag Sleeping bag liner Small pillow Sleeping pad

Dry sleeping socks

## 1 extra change of clothing, including

Wicking (Polypropylene) type long underwear Synthetic Long pants

Wicking type T-shirt

Fleece Sweat shirt

underwear

Wool socks with liners

Waterproof Boots

Gaiters

coat, hat, gloves, glove liners

Towel

Rain gear (poncho or coat/rain pants)

Mess kit (unbreakable plate, bowl, cup, silverware)

Water bottle

Net bag or other bag to hang your clean, wet mess kit in

Unbreakable drink cup

Sunscreen

Bug spray

Toothbrush, toothpaste, floss

Soap

Personal first aid kit

Rope

Flashlight and/or head lamp and Extra batteries

Whistle (on a neck chain or something to keep whistle with you)

Compass

Camera

Sunglasses

Playing cards

Plastic bags

Map of campsite

Toilet Paper (half a roll in a ziplock bag)

Pack for one season colder than it is right now.

Avoid:

Sneakers

Cotton clothing of all types

<sup>\*</sup>If you don't have any of these items, no worries. Troop 1 can help with loaners, troop tents, etc. Please let us know in advance so we can help be sure everyone has what they need! There is no need to run out an buy expensive equipment/clothing.